



Thoresby Vale
Primary Academy

PSHE

Curriculum overview

Cycle A 2025 – 2026

Cycle B 2026 - 2027

	Autumn		Spring		Summer	
Key Stage 1 Year 1 / 2	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Lower Key Stage 2 Year 3 / 4	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me
Upper Key Stage 2 Year 5/6	Being Me In My World	Celebrating Difference	Dreams and Goals	Healthy Me	Relationships	Changing Me