



Thoresby Vale
Primary Academy

PE

Curriculum overview

Cycle A 2025 – 2026

Cycle B 2026 - 2027

Cycle A 2025 - 2026						
	Autumn		Spring		Summer	
Key Stage 1 Year 1 / 2	Fundamentals	Yoga	Gymnastics	Dance (Weather / On Safari)	Ball Skills	Athletics
Lower Key Stage 2 Year 3 / 4	Basketball	Yoga	Swimming	QAA	Ball Skills	Athletics
Upper Key Stage 2 Year 5/6	Basketball	Gymnastics	Dance (Rock n roll / Chinese Dance)	OAA	Cricket	Athletics
Cycle B 2026 - 2027						
	Autumn		Spring		Summer	
Key Stage 1 Year 1 / 2	Invasion Games	Fitness	Gymnastics	Dance (Secret Garden / The Rainforest)	Ball Skills	Athletics
Lower Key Stage 2 Year 3 / 4	Football	Gymnastics	Swimming	Hockey	Netball	Athletics
Upper Key Stage 2 Year 5/6	Hockey	Fitness	Badminton	Netball	Rounders	Athletics